

THE SCOTSMAN  
**Holiday 2018**  
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## Spirited hospitality

The best places to  
escape to this year



# Break away for extraordinary experience

Sarah Devine suggests the ideal antidote to city life is an escape to the country

Exploring the dramatic mountains of the Highlands or camping on the banks of a lonely loch is the perfect contrast to the bustling city life.

Taking in Scotland's scenery during a short break in the countryside is an ideal way to escape the stresses of modern living – and you don't have to travel far to do so.

With spectacular panoramic views across Firth of Forth and the Lamermuir Hills, **Garleton Lodge** near Haddington is an ideal short break destination.

"East Lothian is referred to as Edinburgh's coast and countryside," says David Cockerton, the owner of Garleton Lodge, a luxury bed and breakfast.

"We are very, very fortunate to have such beautiful countryside around us.

"Our guests are looking for a bit of chill out time and relaxation."

Strolling through East Lothian's many villages and small towns is a relaxing way to enjoy a short break

and close to Garleton Lodge is the market town of Haddington.

Its monthly farmers' market is a popular fixture as it attracts producers from the rich farmlands around the historic town.

Haddington traces its position as a trading centre to the 10th century when it was one of Scotland's first communities to be granted burgh status.

In the Middle Ages it was Scotland's fourth largest town and continues as an important administrative centre today.

Its past prominence is reflected in its grand buildings such as the William Adam-designed Town House, the Corn Exchange and courthouse.

Also popular is a walk along the banks of the River Tyne to the 14th century St Mary's Church, the longest parish church in Scotland.

Local produce is also a key feature of the guest experience at Garleton Lodge. "The idea behind our food is that it provides our guests with what East Lothian and Scotland has to offer," says Cockerton.



Relax at the end of the day in a hot tub at Garleton Lodge.

"East Lothian has a lot of smaller and independently owned businesses which are not only about food, but drinks too so we try to provide this for our guests."

With six ensuite bedrooms, Garleton Lodge's attention to detail makes a short break a true escape. A hot tub with impressive views is an added bonus.

"The most important thing is that we try to engage with our guests before they arrive to find out what they would like and what we can provide in terms of coffee or what's in the in-room fridge," says Cockerton.

With plans to introduce a spa and cookery school later in the year, Garleton Lodge can only grow in popularity as a bolt hole from city life. ■



## WELCOME TO GARLETON LODGE

*The Perfect Choice for Your Stay in East Lothian*



Luxury B&B and home in the Heart of East Lothian.

From our hilltop position offering spectacular 360-degree panoramic views, we offer our guests a choice of six en-suite rooms with facilities including residents' lounge with fully stocked bar, restaurant, BBQ hut and hot tub as well as golf facilities.

Less than 30 minutes from Edinburgh City Centre and Airport, a great location for your weekend getaway or longer stay. Ideal for golf parties playing Scotland's Golf Coast as well as a unique venue for your private party, family gathering or special celebration.

Voted as the TripAdvisor No.1 Place to Stay in Haddington and Must visit Scotland Awarded a 'Must Stay' and 'Featured Must' following their visit. We look forward to welcoming you to Garleton Lodge!

Angela & David Cockerton

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